



**OUR DAYS OF GRACE**







## **PATRON'S PAGE**

**The Hurtigs of Vaughan Street**

**Hon. E.R. Schreyer**

**Mayor Hanks**

**Mr. Andreusiek**

**Henry Birks & Sons (Manitoba) Ltd.**

**Mr. Edward McCall**

**Mrs. Joan Sneesby**

**Metro Drugs**

**Briggs & Maxwell Pharmacy Ltd.**

**Mary Scorer Books Ltd.**

**Mrs. Irene Rowlin**

**Stephen Patrick**



DEDICATED TO THOSE  
WE LOVE



### WHO AM I?

I am me - mostly me,  
But some of you - and you -  
and you.  
I share, you share -  
And once we meet and share,  
I can never again be only me,  
Nor can you be only you.  
So who am I?  
A small fragment of this  
Entire world of me's and you's -  
Only a little more me than you.



In memory of Carol Storey, Class 1971, whose tragic death occurred on November 23, 1969.

"Not 'til the loom is silent  
And the shuttles cease to fly,  
Shall God unroll the canvas  
And explain the reason why  
The dark threads are as needful  
In the Weaver's skillful hands  
As the threads of gold and silver  
In the pattern He has planned."





'The man who is born with a talent which he is meant to use finds his greatest happiness in using it.'

- J. Von Goethe.

My congratulations to you on this our latest achievement - graduation. Having found your work, my wish for you is expressed in the following words:

'What each man has to do is to try to progress in his profession, to strive for constant improvement so as to become effective and skillful in whatever career he has chosen and to attain superiority by the cultivation of his natural gifts and by his devotion to work.'

- Jean Francois Millet.

May God bless and be with you.

*Muriel Everett.*

M. Everett (Lieut. -Colonel).

Our sincere best wishes to Colonel Everett, former Administrator, who has left us to assume another post. She will be long remembered by her many friends at Grace Hospital.

# ADMINISTRATION

Major H. P. Thornhill  
Administrator



Dr. N. D. McCreath  
Medical Director



Miss B. Seeman  
Director of  
Nursing Education



Miss Wiebe  
Director of  
Nursing Service

Grace General Hospital  
School of Nursing



THE GRADUATES



Linda Abrahams - Winnipeg, Man.

Knowledge is what you learn  
from others; wisdom is what you  
teach yourself.

-Unknown-



Sharon Alvestad - Winnipeg, Man.

We're not primarily put on this  
earth to see through one another,  
But to see one another through.

-Peter DeVries-



Sharon Anderson - Winnipeg, Man.

Others may sing of treasure of earth,  
Sing of its glitter and gold;  
But I have a theme of far greater worth,  
Exhaustless, it never grows old...  
Christ is the lovely theme of my song...

-H. Zilbenas-



Marlene Attwood - Dauphin, Man.

So now I turn with eager heart  
To meet what life extends,  
To greet the folk I meet each day  
And make them all my friends!

-Unknown-



Jo-Ann Bartlett - Winnipeg, Man.

Trust in the Lord with all thine heart; and lean not unto thine own understanding, In all thy ways acknowledge Him, and He shall direct thy paths.

-Proverbs 3: 5, 6-



Arline Copley - Douglas, Man.

To love and be loved is the greatest happiness of existence.

-Smith-



Lesley Deane - Winnipeg, Man.

'Tis the set of the sails and not the gales that determines the way we go.

-Unknown-



Jo Ann Dyck - Winnipeg, Man.

Life only demands from you the strength you possess.

Only one feat is possible--not to run away.



Gail Einarson - Winnipeg, Man.

If I can stop one heart from breaking,  
I shall not live in vain;  
If I can ease one life the aching,  
Or cool one pain.

-Emily Dickinson-



Rosalind Elliott - Melita, Man.

What we have done for ourselves alone dies with us. What we have done for others and the world remains and is immortal.

-Albert Pine-



Alison Garnet - Winnipeg, Man.

This above all, to thine own self be true; and it must follow, as the night the day, Thou canst not then be false to any man.

-Hamlet-  
-William Shakespeare-



Myrtle Harms - Hepburn, Sask.

"When we do the best we can we never know what miracle is wrought in our life, or in the life of another."

-Helen Keller-



Marion Hoefer - Glencairn, Man.

You may not like your place of life  
And I may not like mine;  
But there are thousands - Oh I'm sure  
Who'd think our places fine.

-Unknown-



Signy Holmes - Winnipeg, Man.

Within my earthly temple there's a crowd:  
There's one of us that's humble, one that's proud;  
There's one that's brokenhearted  
for his sins, And one who unrepentant sits and grins;  
From much corroding care I should be free,  
If once I could determine which is me.

-Edward Sanford Martin-



Barbara Hopper - Winnipeg, Man.

Always laugh when you can,  
It is a cheap medicine.  
Merriment is a philosophy not well understood.  
It is the sunny side of existence.

-Byron-



Lorna Janis - Winnipeg, Man.

"God grant me the serenity to accept the things I cannot change  
Courage to change the things I can,  
And wisdom to know the difference."

-Unknown-



Judith Harrison - McCreary, Man.

We have no more need to be afraid of the step just ahead of us than we have to be afraid of the one just behind us.

-Frances E. Willard-



Heather Hay - Flin Flon, Man.

Every day that is born into this world comes like a burst of music, and rings itself all the day through, and thou shalt make it a dance, a dirge or a life march, as thou wilt.

-Thomas Carlyle-



Irma Heppner - MacGregor, Man.

"...speaking the truth in love."

-Ephesians 4:16-



Orpha Hiebert - Winnipeg, Man.

Faith draws the poison from every grief, takes the sting from every loss, and quenches the fire of every pain; and only faith can do it.

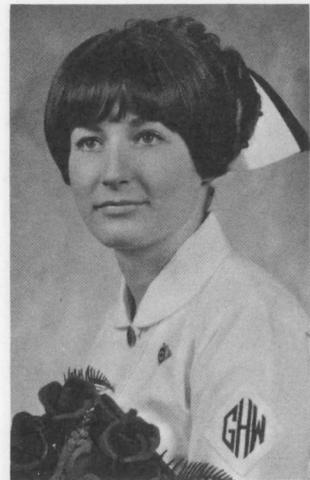
-J. G. Holland-



Donna Kaszuba - Winnipeg, Man.

Other's follies teach us not  
Nor much their wisdom teach us;  
And most, of sterling worth, is what  
Our own experience preaches.

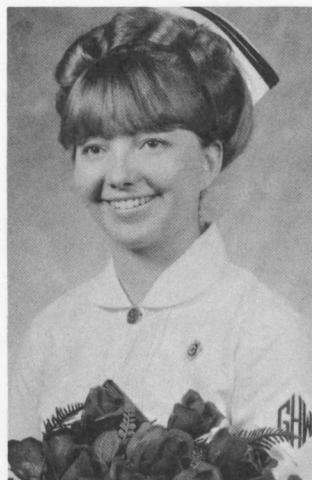
-Alfred Lord Tennyson-



Mrs. Sue Kolybabi -  
(Fulton) - Winnipeg, Man.

To become an accomplished practitioner, you must be able to see yourself as others see you--and smile at what you see.

-Arthur Gordon-



Beverley Knutson - Norquay, Sask.

"To go about your work with pleasure, to greet others with a word of encouragement, to be happy in the present and confident in the future; this is to have achieved some measure of success in living.

-Edwin Osgood Grover-



Doreen Kuhl - Morden, Man.

No service in itself is small;  
None great, though earth it fill;  
But that is small that seeks its own,  
And great that seeks God's will.

-Unknown-



Dorothy Langeman - Culross, Man.

There is a Guide that never falters,  
And when He leads I cannot stray;  
For step by step He goes before me,  
And marks my path, He knows the way.

-Ackley-



Sharon Lyon - Winnipeg, Man.

"Happiness is not so much in having  
as sharing. We make a living by  
what we get, but we make a life by  
what we give."

-Norman MacEwan-



Karen MacLeod - Winnipeg, Man.

I am a part of all that I have met.

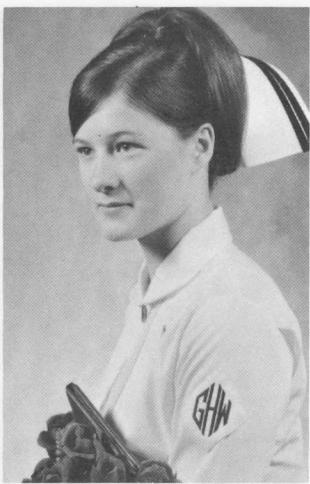
-Unknown-



Helga Martens - Killarney, Man.

If instead of a gem or even a flower  
we could cast the gift of love into  
the heart of a friend, that would be  
giving as God gives.

-Unknown-



Mavis McElroy - Darlingford, Man.

"The world is round, and the place which may seem like the end may be only the beginning."

-Ivy Baker Priest-



Janice McKinney - Manitou, Man.

We can only get out of life what we see in it. It is for us to determine whether it shall be just daily drudgery or joyous service.

-Unknown-



Lynda Morcom - Strathclair, Man.

Life is a mirror; if you frown at it, it frowns back; if you smile, it returns the greeting.

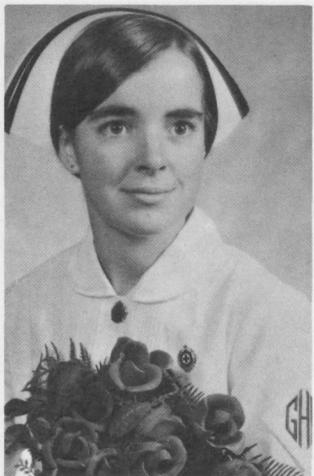
-William Makepeace Thackeray-



Eileen Mutch - Norquay, Sask.

Two roads diverged in a wood, and I took the one less travelled by, And that has made all the difference.

-Robert Frost-



Glenda Parrott - Winnipeg, Man.

Anything worth doing is worth doing well.  
Anything worth having is worth waiting for.

-Unknown-



Barbara Pedersen - Winnipeg, Man.

With all its sham drudgery and broken dreams it is still a beautiful world.  
Be careful. Strive to be happy.

-Desiderata-



Evelyn Riediger - Winnipeg, Man.

"As a man thinketh in his heart, so he is."

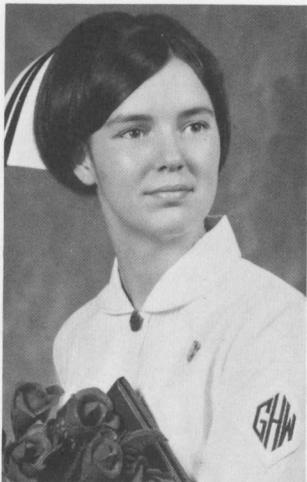
-Proverbs 23:7-



Francis Rout - Winnipeg, Man.

The reward of one duty is the power to fulfill another.

-George Eliot-



Brenda Rutherford - Glenboro, Man.

Not in sadness nor in joy  
To our destined end or way  
But to act that each tomorrow  
Finds us farther than today.

-The Psalm of Life-



Judith Sabine - Winnipeg, Man.

Courage and perseverance have  
a magical talisman, before which dif-  
ficulties disappear and obstacles  
vanish into air.

-John Quincy Adams-



Carol Saskosky - Red Lake, Ont.

Never look down to test the  
ground before taking your next step;  
only he who keeps his eye fixed on  
the far horizon will find his right  
road.

-Markings-  
-Dag Hammarskjold-



Irma Schmidt - Winnipeg, Man.

Give me the insight to recognize  
the worth that is in every man and  
let my words be those of appreciation  
and encouragement.

-Jerrine Jones-



Sheila Schwartz - Winnipeg, Man.

Happy is the man that findeth wisdom and the man that getteth understanding.

-Proverbs 3:13-



Elizabeth Simpson - Miami, Man.

"This learned I from the shadow of a tree,  
That to and fro did sway against a wall,  
Our shadow selves, our influence, may fall  
Where we ourselves can never be."

-Anna E. Hamilton-



Mrs. Evelyn Smith - Winnipeg, Man.

"We have no more right to consume happiness without producing it than to consume wealth without producing it.

-G. B. Shaw-



Beverly Spenst - Miami, Man.

"The way to get the most out of a victory is to follow it up with another which makes it look small."

-Henry Haskins-



Judy Sprott - Miami, Man.

"But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."

-Isaiah 40:31-



Kathleen Stevens - Kenton, Man.

"Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven."

-Matthew 5:16-



Sonia Tokaryk - Oakburn, Man.

The great stairway that leads up to infinite success starts right down where our feet are now planted. You can rise with the next step.

-Ralph Parlette-



Brenda Welch - Roland, Man.

"Each day is a little life. Fill its hours with gladness if you can; with courage if you can't"

-A. S. Turnbull-



Helen Wiebe - Winnipeg, Man.

Live that thou mayest desire to live again--that is thy duty--for in any case thou wilt live again.

-F. W. Nietzsche-



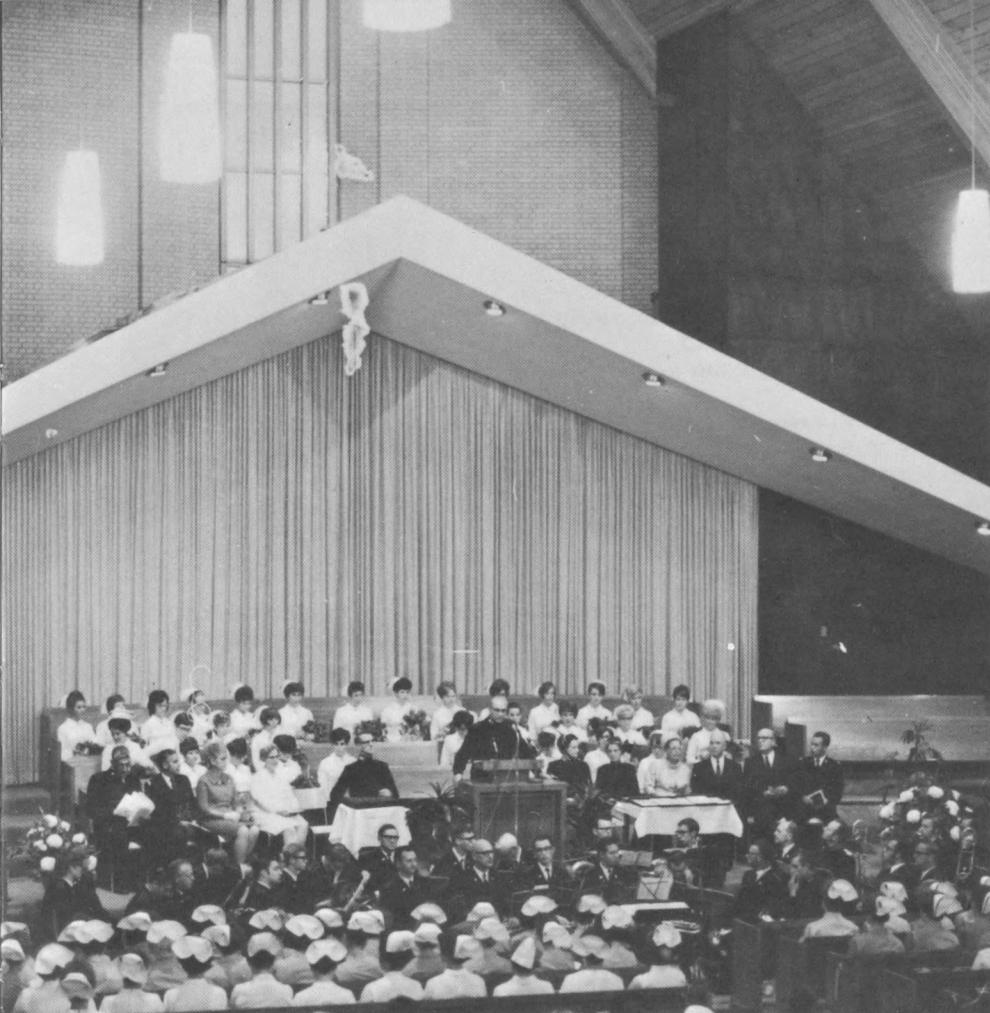
Ruth Ziemski - Winnipeg, Man.

I have to live with myself and so--  
I want to be fit for myself to know--  
I want to be able as days go by--  
Always to look myself straight in the eye.

-Unknown-

Nursing is an art, the finest of arts, and if it is to be an art it requires as hard a preparation as any painter's or sculptor's work, for what is having to do with dead canvas or cold marble compared to having to do with the living body, the temple of God's spirit? There is no such thing as amateur art; there is no such thing as amateur nursing.

-Florence Nightingale-



### OUR BIG SISTERS

Mrs. Linda Anderson (Addy) - Holy Cross,  
Calgary  
Rose Lynn Bartel - Steinbach  
Susan Bartel -  
Anna Marie Berg - Winnipeg  
Mrs. Betty Fraser (Black) - Grace Hospital  
Mrs. Audrey Kemp (Braun) - Holy Cross,  
Calgary  
Elizabeth Burden - Grace Hospital  
June Burnett - Grace Hospital  
Maureen Colbert - Deer Lodge, Wpg.  
Shirley Craig - Holy Cross, Calgary  
Brenda Ericson - Grace Hospital  
Roslyn Exchange - St. Boniface  
Margaret Fraser - Morden General Hospital  
Anne Marie Frieson - Brandon General  
Hospital  
Christine Gorrie - Grace Hospital  
Marilyn Hill - Holy Cross, Calgary  
Valerie Jakeman - St. Boniface  
Ann Koop - Flin Flon

Mrs. Judy Roths (LaRocque) - Grace Hospital  
Mrs. Margaret Jalser (MacDougal) - Denmark  
Carol Macfarlane - Women's Pavilion, Wpg.  
Lynn McDowell - Grace Hospital  
Carolyn McIntyre - Deer Lodge Hospital, Wpg.  
Jean McKibbon - Grace Hospital  
Mrs. Cathie Fownes - Wpg. General Hospital  
Mrs. Pat Roberts - (Meda) - Children's  
Hospital  
Dorothy Myhal - Grace Hospital  
Gladys Nickel - Morden General Hospital  
Mrs. Barbara Ivison (Palmer) - Grace Hospital  
Edna Penner - Flin Flon  
Margaret Smith - St. Boniface  
Mrs. Laureen Gibson (Stefanson) - Grace  
Hospital  
Norma Strong - Wpg. General Hospital  
Mrs. Joyce Ginter (Suderman) - Brandon  
Hospital  
Mrs. Lynn Thomas (Wiezel) - Grace Hospital  
Edith Wutke - Grace Hospital

## VALEDICTORY ADDRESS



Mr. Chairman, Major Thornhill, Honoured Guests, Classmates, Little Sisters, Moms and Dads.

In the year of Canada's Centennial we began, and in the year of Manitoba's Centennial, we finish. During these three years we have grown; here we are tonight, "Beating 70".

Do you remember September 19, 1967? With ambivalent feelings we have left our homes to spend the next three years as "Student nurses". We received first impressions at the welcome tea. These changed as we got to know each other by the probie party at Bruce Park and by initiation. As we studied through the long months of probie block, it seemed worthwhile, for it brought a cherished cap. However, a cap did not change our experiences on wards; some funny, some upsetting moments. As the months went by we figured out our problems, but at the same time literally developed "figure" problems. Somehow Mrs. Miller knew what she was talking about when she kept saying, "only on doughnut!"

Residence life was always fun; celebrating birthdays in "various ways"; making flowers and more flowers for the Winter Wonderland Tea; and never-ending gossip sessions - if the walls could speak we never would again! Yes, we did get to know each other very well. Ask your room-mate -- she will tell you!

Now we begin our Intermediate year.

Obstetrics seemed especially fascinating to all of us - a chance to be involved in the beginning and the joy of life. In the nursery, we always had fun at baby viewing time. "Now let me see, which one is yours?", as the excited parents stood peering through the window.

Affiliating, beginning at Children's Hospital, represented cute kids who had so much theory in their little bodies to learn and study. This occupied ten weeks of books, books, and more books! Of course, if you ever got TIRED of being a nurse, you could try being a "play lady".

In the operating room within a few short weeks, we unbelievably graduated from, "putting a little water in a basin here and there", to seeing our names written in as "scrub nurse".

Then came Selkirk - the motto there being, "a change is as good as a rest -- or maybe both!" It seemed strange at first, but then we adjusted well and decided "to forget it and go to a party!"

It was in intensive care that we began to appreciate how the presence of a nurse could be of such great comfort to a patient.

Casualty was a very exciting area. It was not always busy, but "be prepared". One had to be ready to meet all ages and ailments.

In diet kitchen we wrote up ulcer diets, day 1, 2, 50, 65 as we developed them ourselves. Better take a break!

Somewhere in that year we took time out for our "half way party" and celebrated at the Town and Country.

We started our Senior Year by adding a single black band to our caps. Somehow, we seemed more secure and confident. Many evenings were spent singing to guitars, reminiscing how we met, and what it would be like to graduate. Meanwhile, just settle for being a "Ballerina" -- encore anyone? Before long it was "7/8 way through", and again we got together as a class. While some of the class were finishing specialties, another specialty that was little slow getting started, suddenly happened. "Guess who's engaged?"

Now the student days at Grace are over. Throughout this time I am sure we have all felt that "the things that are impossible with men are possible with God". However, these days have been influenced by many people.

Little Sisters, you represent many memories; helping us to see that not long ago, we experienced many of the same hardships and feelings as you. Now may you see in your Big Sister, that someone, who has travelled the same road ahead of you. You can do it too. During the past two years, you were thought of much more than you were seen. So, may you always remember, "you are a very special person."

Mom and Dad, who were always so thoughtful -- a letter, a care package, a phone call, a ride or a ticket to come home -- always at the right time. Who were always so patient -- may not always have understood the complex mind of their daughter, but did a great job. For all your support, encouragement and love; thank you Mom and Dad for "always being there".

Thank you to our patients, who have taught us more than any nursing book could have done. Most of all, they have taught us that we can be proud of our profession.

Words of thank you and appreciation for our success go to many people at Grace; to Colonel Everett, who was administrator of our hospital during our first two years, and also to Major Thornhill, the present Administrator. Both always had smiles to take the place of many words.

To the doctors, who lectured us in classes, and for their teaching, guidance, and patience in the hospital area.

To Miss Seeman and all the instructors, for their interest, support and encouragement -- helping us to achieve our goal every step of the way.

To Brigadier Wagner, hospital Chaplain and Mrs. Wagner, our house parents, for their help in making residence like home. To our housemothers, who must be the most patient women in the world, as they faced the changing moods of students day by day.

To Dr. McMillan and Mrs. Dojack, for meeting all our health needs -- "big ones and little ones!"

Thank you classmates for the honour of being Valedictorian.

"I am a part of all that I have met". Indeed, this is true. Each member of Class '70 has given to each other in many ways; perhaps a new outlook on other faiths, stimulated laughter in quiet ones, taught others to appreciate silence and how important it is to listen; to share and experience someone's happiness, to understand and support another in sad times; to encourage or boost another's spirits; to receive words of encouragement. Thank you each of the Class '70 for "being you".

May you have delightful memories -- many of them; good fortunes -- loads of them; and happy days -- all of them. This can be done by taking a moment out of each day to simply recall that, "People need people -- Yes, we really do!"

Barbara Pedersen



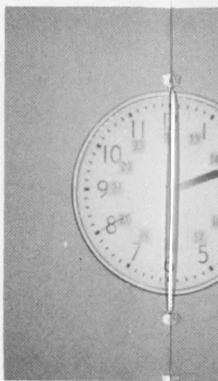
0645 Hrs.  
Eenie, Meenie,  
Minie, Moe.



0700 Hrs. Size 42 ? ? ?



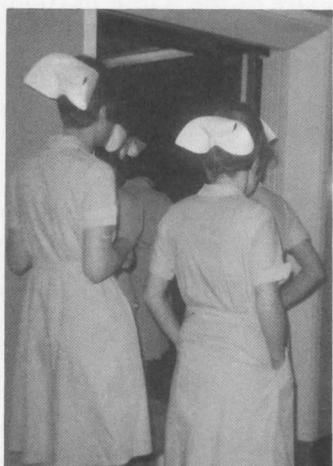
Ultra Brite gives  
your mouth Mmmm,  
-----appeal??



0734 Hrs. Instant  
Breakfast.



0735 Hrs. Morning Prayers.



A DAY IN T  
OF A S



Housekeeping - A little shot  
of DRX.



Here's to the next coffee  
break.



0745 Off to the Battle!!!

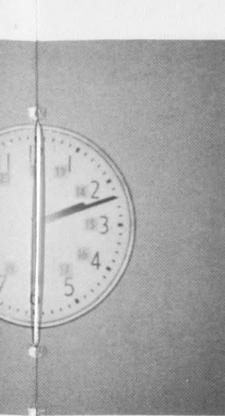


My shin  
to my



I guess I'll  
skip that coffee  
break.

Thank you, Miss Billing.



0730 Hrs. you'll never make it!



Oh, that "Home" cooking!



Dippity do-dah!

## THE LIFE STUDENT NURSE



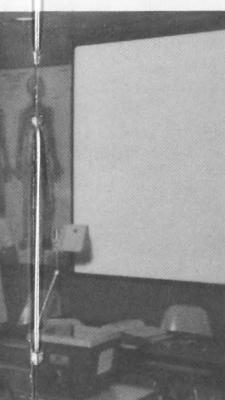
Patients - how we LOVE them!



Lab. - just a wee prick



C. S. R. Any chance of getting a sheepskin??



Bone's connected  
Knee bone.

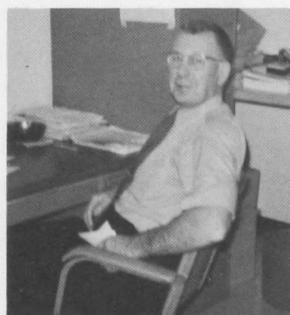


Instructors --  
Of course I  
know, -- just  
let me think a  
minute.

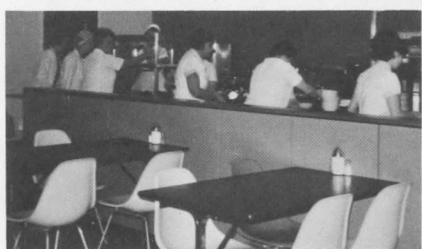
Happiness is a Fire Alarm!!!!



The legs go marching two by two



Good morning, girls!



Leave some for us!!!





It's been a hard day's work!



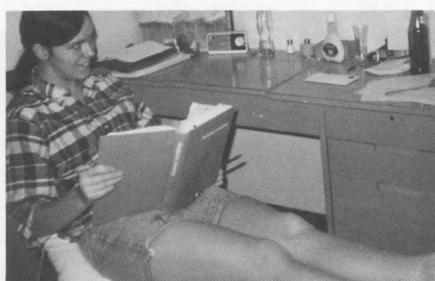
Nose to the grindstone



"Love me tender, . . ."



I'd like to help you out -- How did you get in?



Oh, I study long hours



"I got here first!"



"Those were the days, my friend"



Yakkity yak, yak, yak . . .



Roses are red, my love,  
Nurses are blue.



We're not confused ---it just looks that way.



Room inspection tomorrow!!



Just one more page, Mr. Sandman



THE UNDERGRADUATES

CLASS  
19



Cathy Anderson  
Judy Backlund  
Shirley Bennett



Karin Berndt  
Cheryl Boake  
Janet Braun



Penny Brewer  
Rosalie Brooks  
Lynn Bruce

Pat Hryncuk  
Esther Janzen  
Edith Kliever

Bonnie Harper  
Phyllis Jessett  
Leona Kuhl



Sandra Hutchinson  
Martha Klassen  
Deanna Larson



Lynda Burnett  
Doreen Dyck  
Betty Friesen



Elsie Buck  
Irene Dyck  
Tina Hamm

Corrine Dyck  
Ruth Ewert  
Elaine Hubic

Pam Olds  
Ruth Penner  
Gayle Riach



Cathie Lennerton  
Barbara Lewthwaite  
Shirley Malyska



Lois Mann  
Shirley Martin  
Janice Meadows



Betty Neufeld  
Joy Nikkel  
Ann Meekison



Connie Olafson  
Debbie Paulson

Shirley Peters  
Beth Powell

Jo-Ann Robertson  
Clara Roy



Karen Smith  
Linda Skilliter  
Mable Unrau



Irene Vanhove  
Marlene Watson  
Linda Webb





Elizabeth  
Anderson



Pat  
Arthur



Mary  
Atkins



Sally  
Beenken



Wendy  
Bell



Avril  
Bourquin



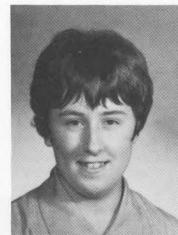
Marlene  
Brook



Maureen  
Brooks



Lorna  
Campbell



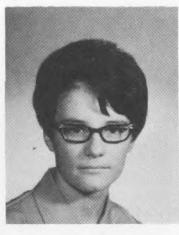
Janice  
Chetyrbok



Jamie  
Crawford



Gayle  
Darroch



Margaret  
Deacon



Norma  
Diehl



Diana  
Dixon



Linda  
Driedger



Margaret  
Dyck



Maxine  
Edmondson



Lorna  
Evans



Barbara  
Forkheim



Germaine  
Friesen



Irma  
Froese



Irene  
Giesbrecht

## CLASS

19



Pat  
Giesbrecht



Kathy  
Gosnell



Judith  
Haddrill



Maxine  
Helgason



Victoria  
Hodgson



Sandra  
Howie



Sandra  
Inman



Elaine  
Jury



Elizabeth  
Karsgaard



Linda  
Kasdorf



Gloria  
Kennedy



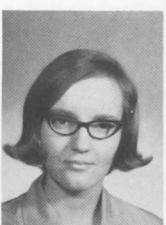
Veryl  
Kenworthy

OF

72



Jill  
Knott



Trudy  
Krampetz



Audrey  
Loewen



Cheryl  
Klassen



Barbara  
Lowry



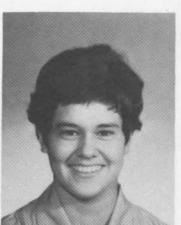
Judith  
Mathieson



Judy  
Marshall



Cheryl  
MacFarlane



Audrey  
Matthews



Melanie  
Meredith



Ruby  
Miller



Maureen  
Morrice



Beverley  
Morrison



Patricia  
Muir



Jean  
McLeod



Jan  
McNeill



Connie  
Oberton



Brenna  
Omand



Alta  
Pettis



Melora  
Plett



Glenis  
Poole



Helene  
Regehr



Catherine  
Rodgers



Janice  
Routley



Joan  
Sarrasin



Penny  
Sharrock



Linda  
Simpson



Patricia  
Siwek



Irene  
Spencer



Cheryl  
Stuart



Judy  
Sunaert



Darlene  
Thiessen



Kathryn  
Toshack



Denise  
Vadéboncoeur



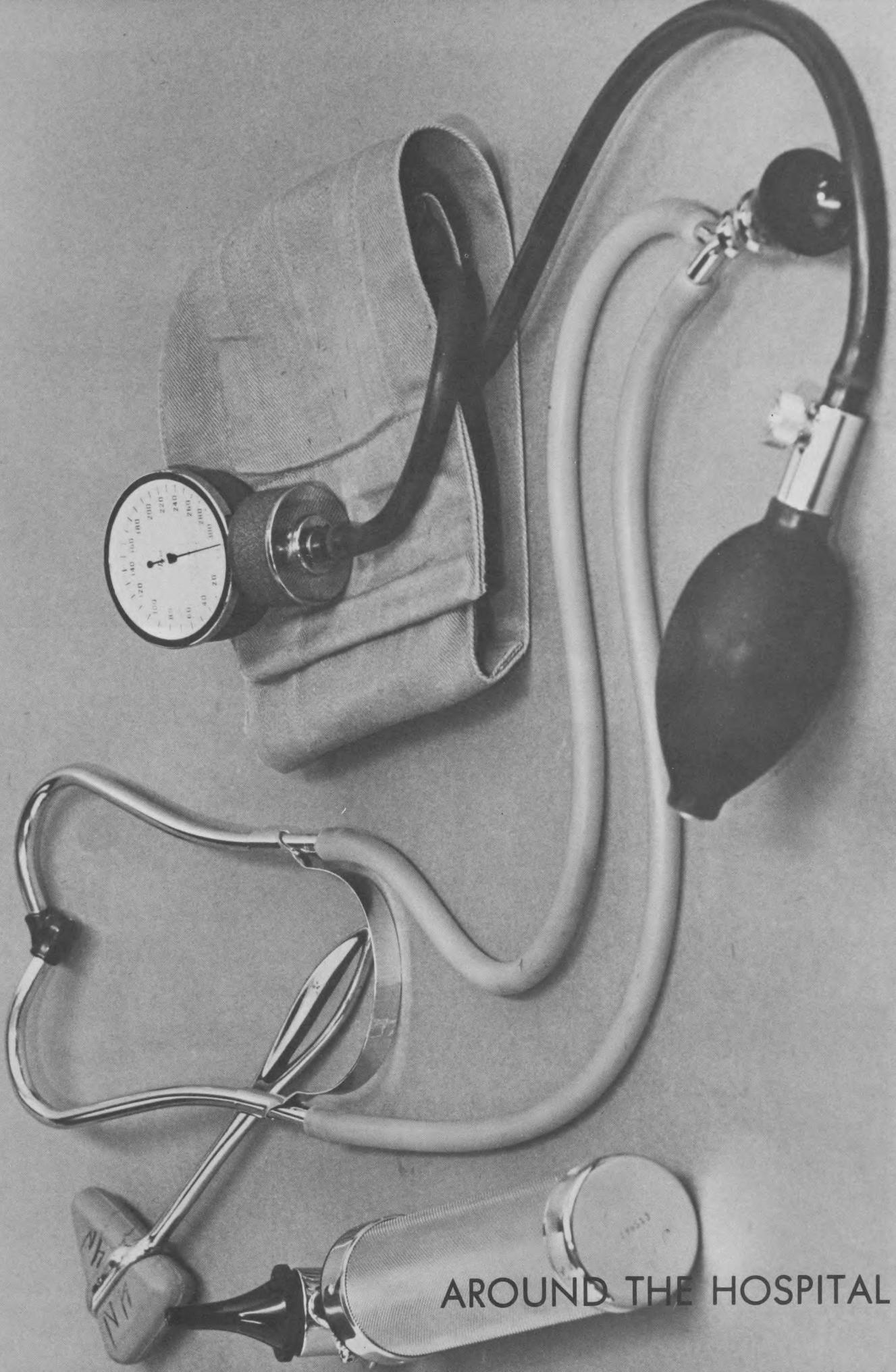
Joanne  
van Leeuwen



Lois  
Webster



Donna  
Zbeetnoff



AROUND THE HOSPITAL



When I was a student.....



Oh, my aching feet!



Will they ever grasp  
A&P?



Missed my hair  
appointment.



O Happy Day!



Love that history!



Mr. & Mrs. Cook



Ye Olde Peg Board



No fraternizing in  
the hallways.



Caught in the act!



Sick Bay's empty!



Playing post  
office ? ?



She did WHAT ? ?



Salt-free meatballs,  
anyone ?



... Don't take  
that picture !



STANDING, Left to Right: Mrs. Nichols, Mrs. Dojack, Miss Draffin, Miss Toews, Mrs. Levin, Miss Froese.  
SEATED: Miss Mills, Mrs. Jackson, Miss Wood, Mrs. Wieler, Miss Seeman, Mrs. Crabb, Miss Penner, Miss Timmerman, Mrs. Ingraham.  
MISSING: Miss Letkeman, Miss Schultz.

"That best portion of a good man's life,  
His little, nameless, unremembered acts  
Of kindness and of love."

William Wordsworth

The days which lie ahead will offer you challenge, change, excitement, puzzlement. In times of puzzlement, you may do well to reflect that change is most likely to be good and to be lasting when it is built on the bedrock of precept that has weathered the ravages of Time.

Congratulations to each one of you. May God be with you and richly bless you.

Beryl Seeman

Director of  
Nursing Education





Dr. McDowell



Dr. Yong



Dr. Derbach



Dr. Riddell



Dr. Young



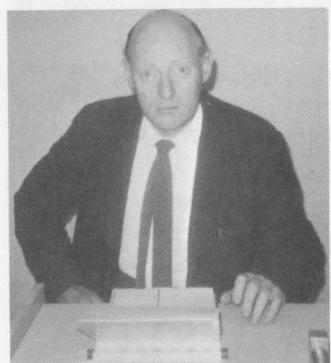
Dr. Jolly



Dr. Narvas



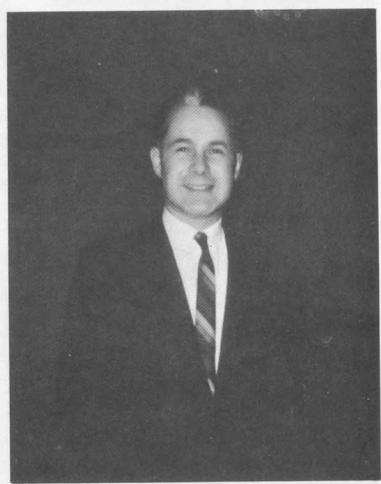
Dr. Kobrinsky



Dr. Mills



Dr. Falardeau



Dr. W.E. Abbott



Dr. Wightman



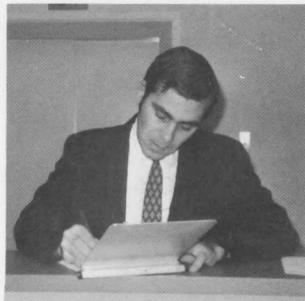
Dr. H. Guest Dr. McCreath



Dr. C.E. Abbott



Dr. Vann



Dr. Thomson



Dr. Griggs



Dr. Evans



Dr. MacLeod



Dr. Trainor



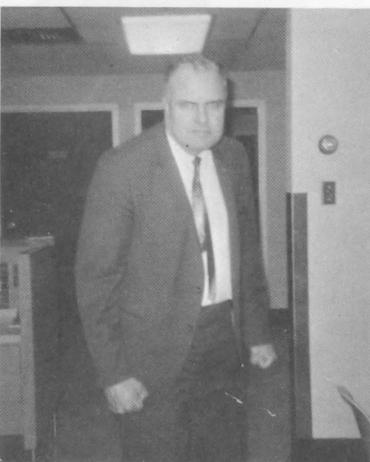
Dr. Mosher



Dr. Welpy



Dr. Peever



Dr. Neal



Dr. McMillan



Dr. Bannerjee



Dr. Galbraith



Dr. Hillsman



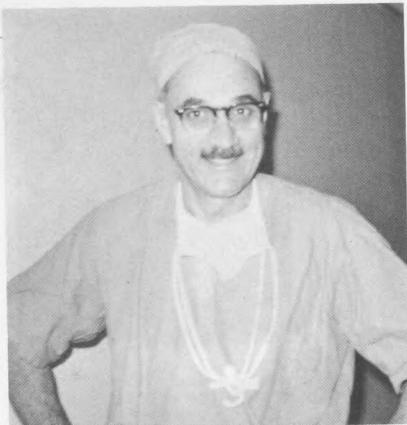
Dr. Whiteford



Dr. Dougan, Dr. McKinna



Dr. Schluderman



Dr. Bartlett



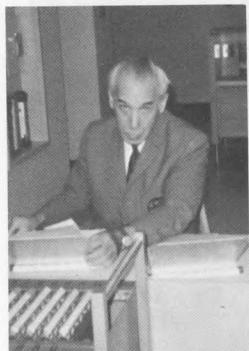
Dr. Hynes



Dr. Russell



Dr. Tisdale



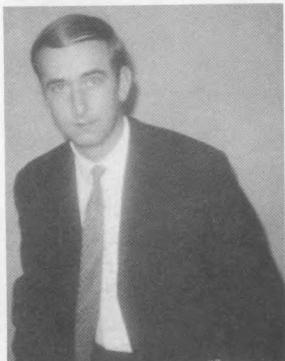
Dr. S. Malkin



Dr. MacDonald



Dr. McCord



Dr. Booth



Dr. Crust



Dr. Goldstein



Dr. McKenzie



Dr. MacDougall



Dr. Burns



Dr. Garwood



Dr. Habib



Dr. Maxwell, Dr. S. Guest



Dr. Waugh



Dr. Connelly



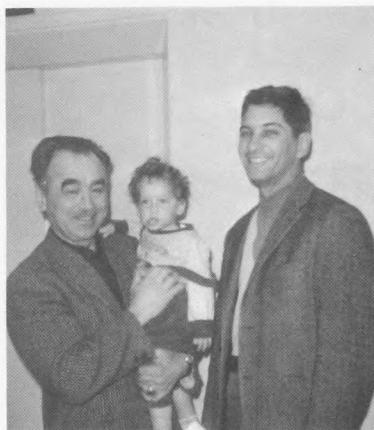
Dr. Goodhand



Dr. Edward



Dr. Ledwich



Drs. Pierce &  
Brodovsky



Dr. G. Stevens



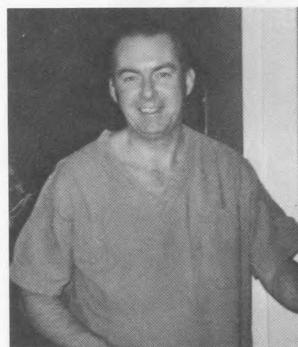
Dr. Diehl



Dr. O'Toole



Dr. Van Horne



Dr. Wilson



Dr. Porritt



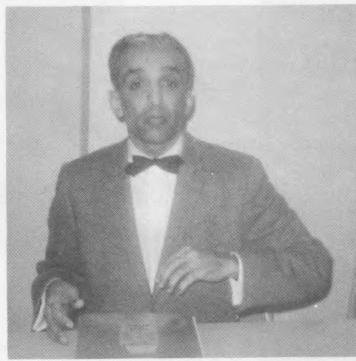
Dr. Laing



Dr. Provis



Dr. W. J. Boyd



Dr. Reddy



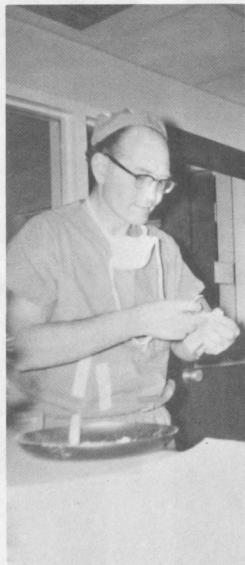
Dr. Binns



Dr. Tennant

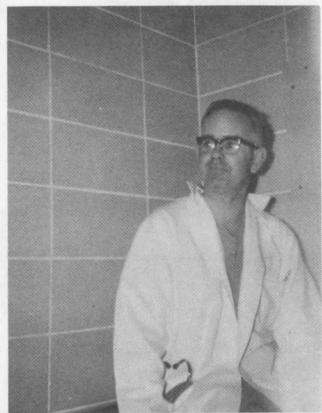


Dr. Thompson



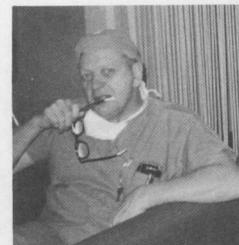
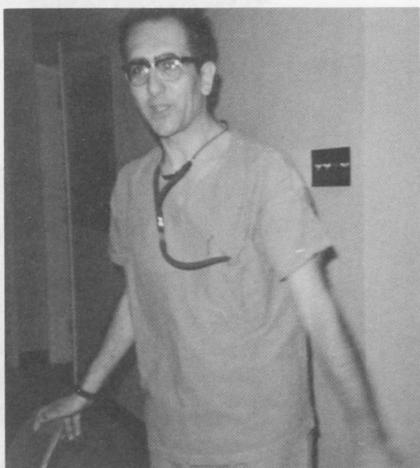
Dr. McGarry

## OUR ANAESTHETISTS



Dr. Morris

Dr. Delios



Dr. Hutchison



Dr. Wang



Dr. Rajan, Dr. Shah



Dr. Vlaovic

## OUR INTERNES



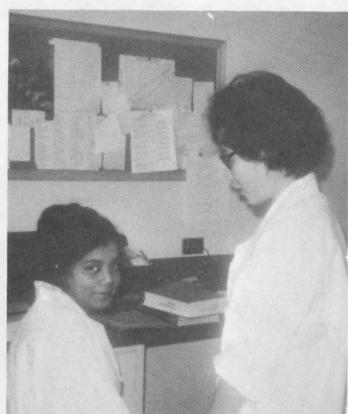
Dr. Swami



Dr. Shetty, Dr. Wang, Dr. Sio



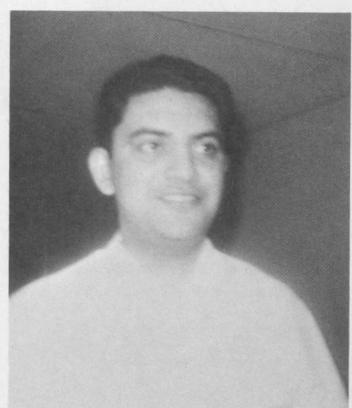
Dr. Shetty



Drs. Siauw & Mateo



Dr. Ancheta



Dr. Doobay



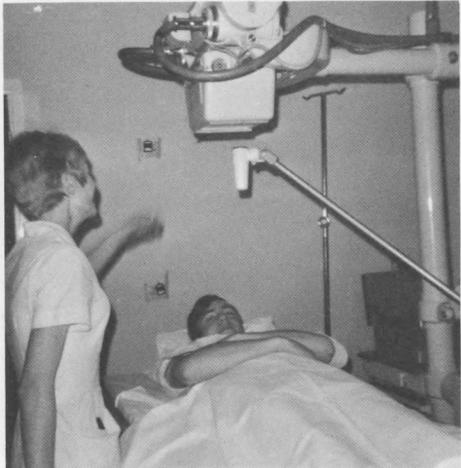
Due to the extreme shortage of beds....



Sorry, this elevator can't be used.



Patients at work



Hold your breath



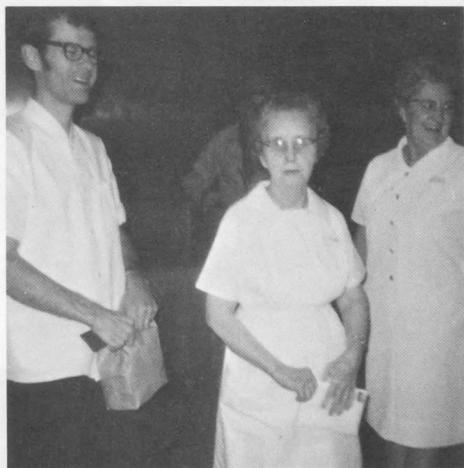
## AROUND OUR HOSPITAL



Look what I found!



This will only hurt a little



Who's buying coffee?



It's here somewhere



Tighten up those muscles!



The Big Green Wagon



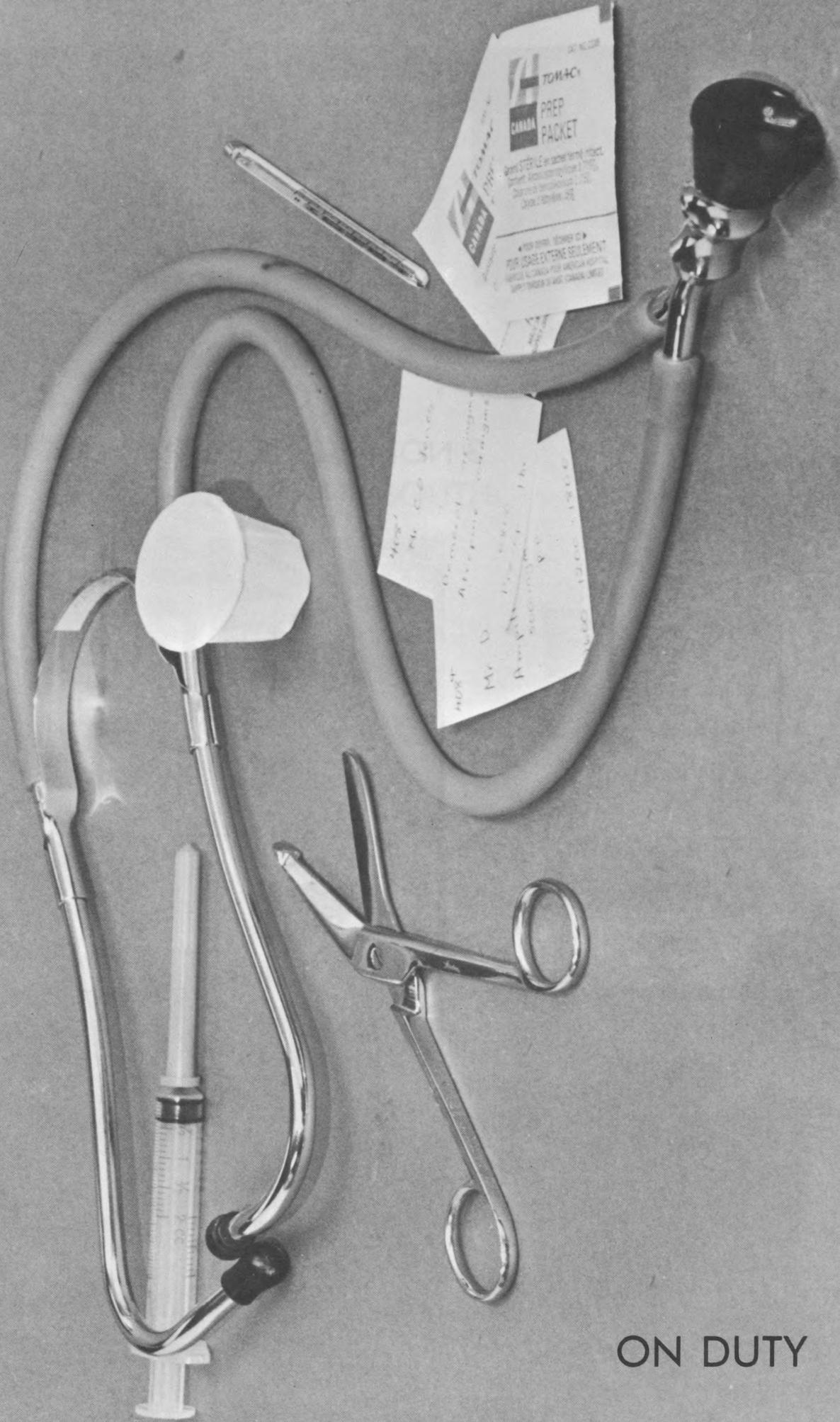
If I hear another phone ring, I'll scream!



Don't come to me with your problems.



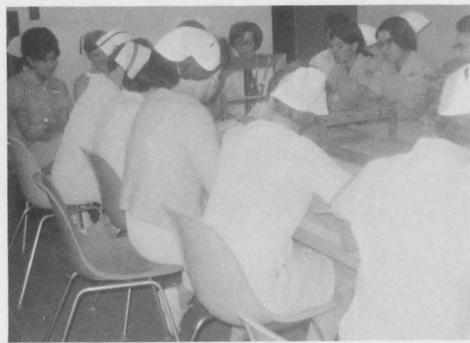
5 more floors to go!



ON DUTY



3 North



3 South



Everyone's friend

## MEDICINE 3 NORTH & 3 SOUTH



Oh, the joys of a head nurse!



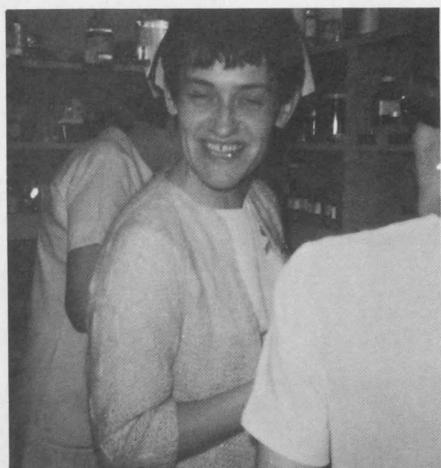
Coffee, tea or me?



And they say that Selkirk's hard work!



Kelly drip? ?



30 cc's of castor oil...



Did someone say coffee break?



If only I were a few years younger.....



Organized confusion!



Miss Reimer,  
Supervisor



My doctor says I can go  
home tomorrow.

## SURGERY 4 NORTH & 4 SOUTH



Mrs. Kawa, head nurse



Cleanest ward in the  
hospital!



All these charts to check!



Trays again!



Coffee break!



What should I do  
next?



Dr. Fainman



Mrs. Parker,  
Supervisor

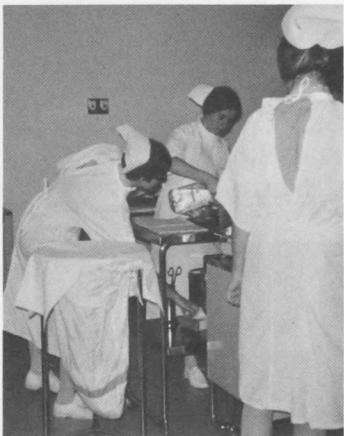


Rock-a-bye-baby



We need to get those units  
stocked, girls!

## OBSTETRICS



Rush hour



Feeding time



Miss Meneer



Dr. Binns



Can I take it home?



Dr. C. Baker



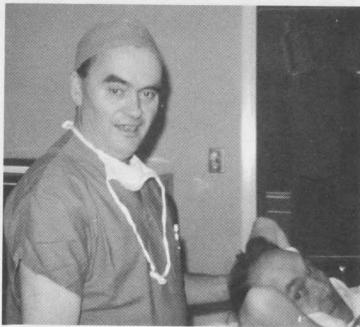
Phisohex wash



Busy day in the life of a case  
room nurse.



Miss Rusk, head  
nurse, case room



Jolly Green Giant

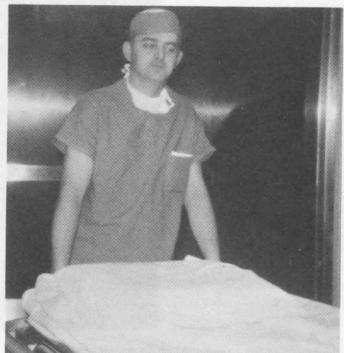


It's about those OR mini-skirts....

## OPERATING ROOM AND RECOVERY ROOM



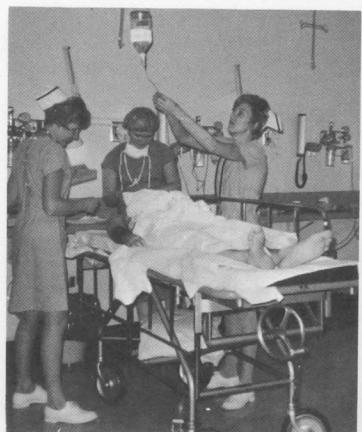
Gab session



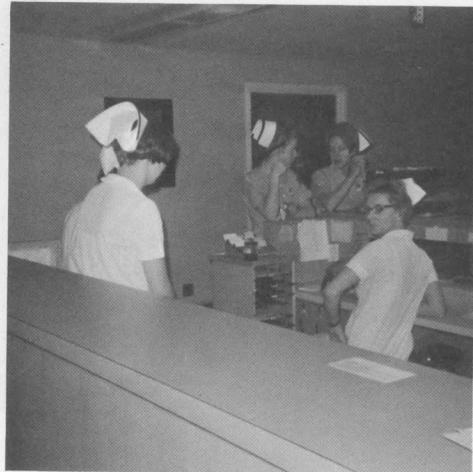
The big mover



Dr. MacMillan,  
theatre 3 please.



Wakey, wakey

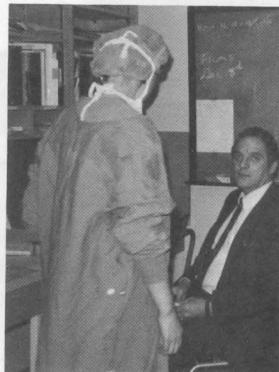


Someone answer the phone!

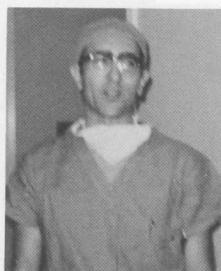


I can't find it!

## INTENSIVE CARE



But Dr. Tennant, I  
didn't do it!



Always ready!

## CASUALTY



"99 cart"



Yesterday, we didn't have  
ANY staff!

## PUBLIC HEALTH

The one week we spend on Public Health slips by very quickly. It is filled with a variety of experiences - school visits, Child Health Conferences, post-natal visits and pre-natal classes.

The post-natal visits especially help us to see the patient as an individual in her own unique setting, her home. It also gives us a much better idea of the problems she is facing.

The experience gives us an insight into how we as nurses can be a contributing member of society by helping to meet the health needs of the people in the community.

Myrtle Harms.

## DIET KITCHEN

"Those were the days my friends-

- calculating diets that even we wouldn't eat!
- forcing fluids till we had to learn how to swim.
- anyone for Sustagen?-ugh!!
- "Keep it down to a dull roar, girls".
- a post mortem to see what food can really do to you!
- those extra long coffee breaks that theoretically lasted only fifteen minutes!!
- and those poor kids who had to take D.K. with their Level II
- our sympathies!!!



First big scary day



You know what I mean?



An A.A. meeting



He won again!



I want my Mommie!



Residence-heavily guarded, no escapes in history

## SELKIRK



Dentist's helpers?



Therapy?



I want a cigarette!



Main Building



Reception



Smile girls-only 8 1/2 weeks left



Please, please marry me



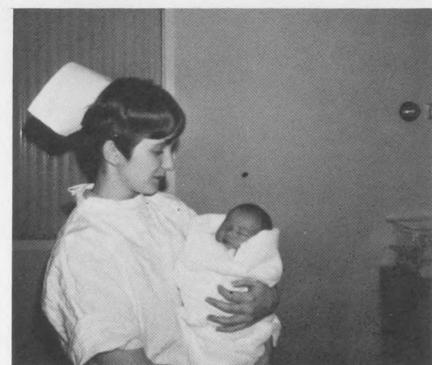
That Last sad day



Ruthy and Ralphy



I only dread one day  
at a time!!



I can hardly wait.....

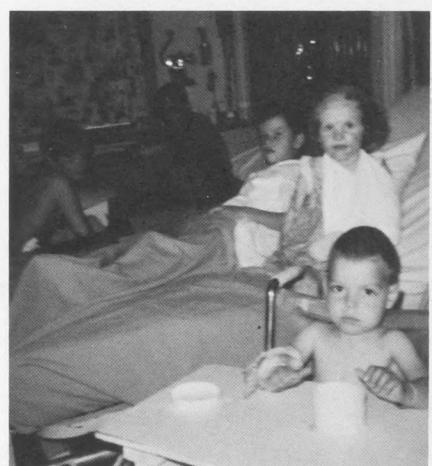


Party girls!



Who greased the baby? ? ?

## CHILDREN'S HOSPITAL



I want my dinner!



On the move...

New acquaintances





OFF DUTY



Mrs. Burkett



Mrs. McNaughton



Mrs. Peterson

## IN RESIDENCE



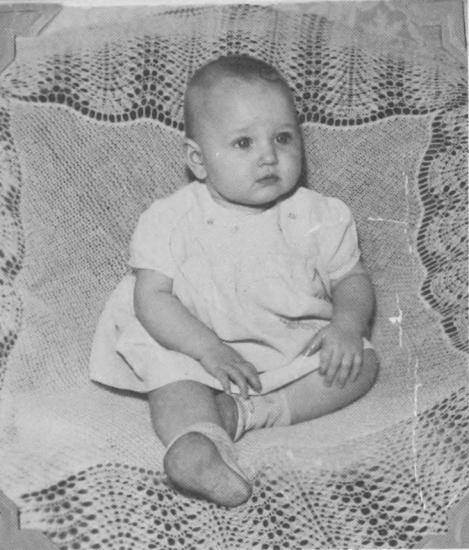
Brig. G. Wagner - Chaplain  
Mrs. Brig. G. Wagner - Residence Director



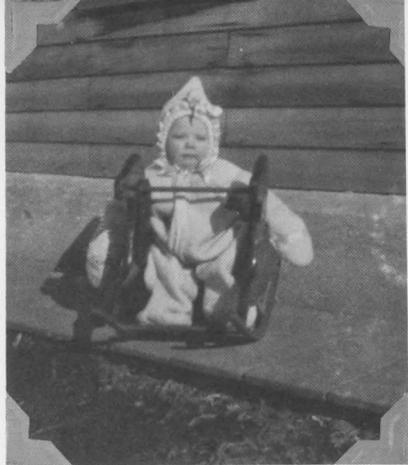
Mrs. Wheeler



Mrs. McLeod



Evelyn Riediger



Marlene Attwood



Brenda Rutherford



Sonia Tokaryk

## WOULD YOU BELIEVE THE CLASS OF '70?



Bev. Knutson



Myrtle Harms



Brenda Welch



Irma Schmidt



Signy Holmes



Rosalind Elliott



Barb Hopper



Heather Hay



Arline Copley



JoAnn Dyck



Shiela Schwartz



Janice McKinney



Orpha Hiebert



Dorothy Langeman



Judy Sprott



Sharon Alvestad



Linda Abrahams



Leslie Deane



Judy Harrison



Lynda Morcom



Marion Hoefer



Judy Sabine



Gail Einarson



Irma Hoepner



Bev Spenst



Eileen Mutch



Trixie Martens



Sharon Anderson



Mavis McElroy



Sharon Lyon



Alison Garnett



Kay Stevens



Ruth Ziemske



Carol Saskosky



Barb Pederson



JoAnne Bartlett



Glenda Parrott



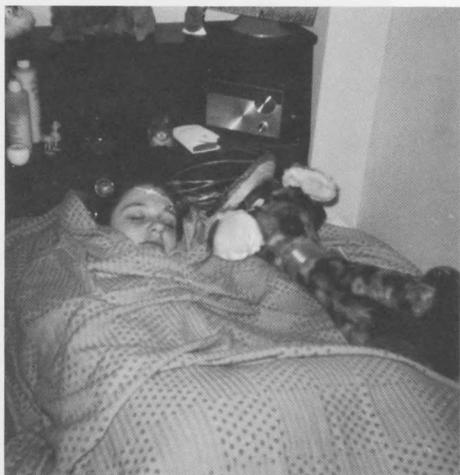
Say cheese!



Angel of mercy



Winter Wonderland Tea



Me and my Teddy!

## CLASS OF '71



Bottoms up!



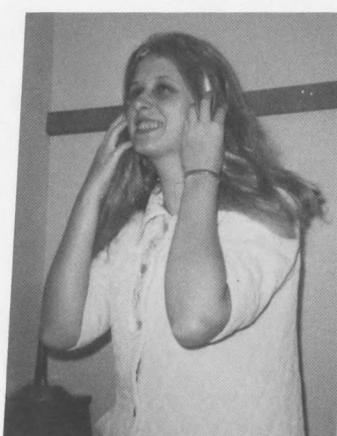
It's about that fertilizer!



Order your sweatshirts now! Going up in the world!



At ease!



Blondes have more fun



Occupational Therapy



How!



Piggy-back



Mirror, mirror  
on the wall



You are so coming!



Homeward Bound



O Christmas Tree



49 weeks to go



Little boxes made of  
ticky-tacky...



Please call Allied Van Lines



Try 2nd Debut



O mighty Swamee!



That old Gang of Mine

## CLASS OF '72



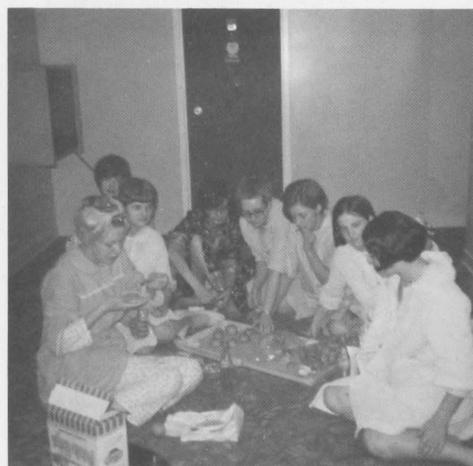
"I'm going to get you!"



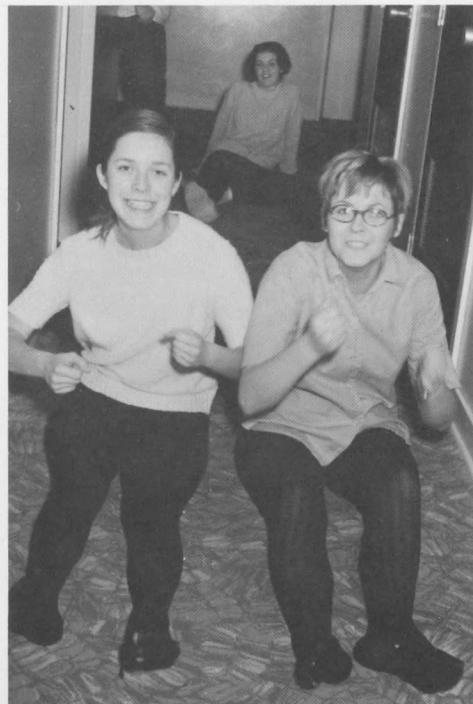
"A man in res? Get Real!"



Just a little H.s. snack



The Russians are coming



Who said that?



50 below or not, here we come.



Little more to the left.



"Feeling okay, Marg?"





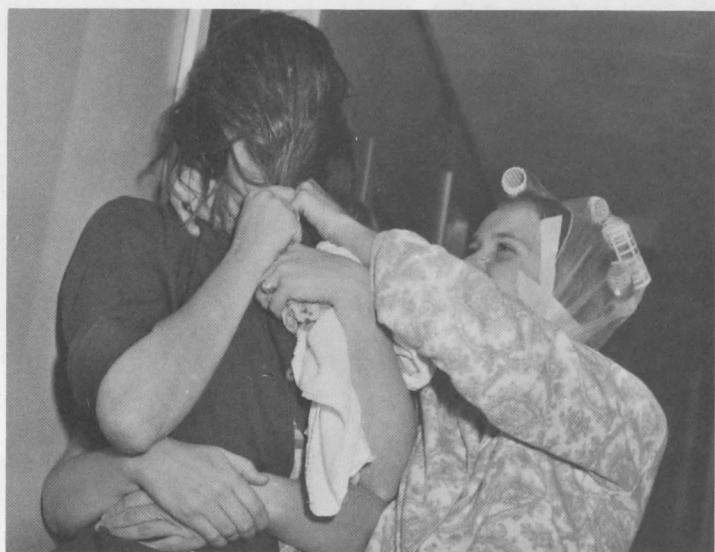
"Who said we're simple?"



Let's get together on this.



Third floor mascot



Frankeinstein arises from the dead.



"What's this?" "Kiddies night out!"



"Whatever you say, luv!"



First days at Grace



First New Year's Eve together



Candle-making



Col. Everett's farewell



Nurses?



And she thinks  
she can play!



The only way to apply a tourniquet



Leoney!



Pin Party at Shakey's



OUR  
OF



More Junk than Jug!



Major Thornhill & family



Squeaky clean



Calm after a storm!



Housecleaning



Roommates too long

Celebration!

## DAYS GRACE



Days of Selkirk



Remember O. B.

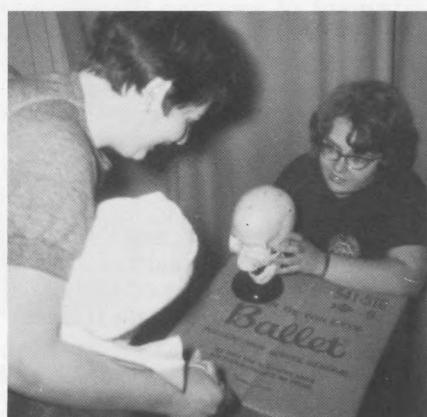
Me, a Grad?



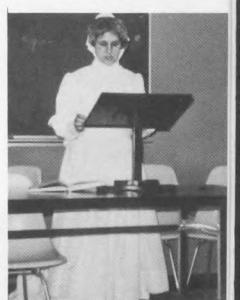
P.S.S.? ! (Ruthie)



I'm a nurth!



Let's get those kids at Initiation



History of  
Nursing

Black band party

Those Selkirk showers  
really do something  
to me



These meals are better than Res.



Those good old days!



Our last days of class

## PRESIDENT'S

## MESSAGE



The excitement of wearing the white cap, the significance of our chosen profession, and the three years training all melt together to form a solid foundation for the graduate nurse. This also instills in each a sense of pride in our profession, a sense of loyalty to our school, and a sense of confidence in ourselves. Add to these ingredients the warmth of friendship, strengthened as we learned to live actively and cooperatively with our fellow classmates, and we have the future--our future, ready for us to shape as our attitudes and actions dictate.

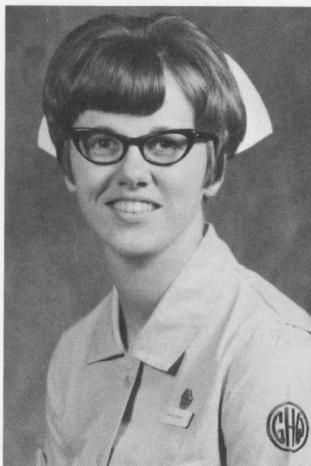
"Ships sail east and ships sail west  
While the self same breezes blow,  
It is the set of the sails and not the gales  
That determine the way they go.

Like the winds of the sea are the winds of fate  
As we journey along through life,  
It is the set of the soul that determines the goal  
And not the calm nor the strife."

Anon.

My sincerest wishes to all students, graduates, and a most humble 'thank-you' for your encouragement and support, not only throughout my term of office but over the three years we've been together. My 'days at Grace' will be a most treasured memory.

Barbara Joyce Hopper  
Student Council President



Deanna Larson  
Vice-president



Vicki Scales  
Secretary-treasurer

## STUDENT BODY



Irma Schmidt  
Class '70 President



Barbara Leuthewaite  
Class '71 President

## EXECUTIVE



Wendy Bell  
Class '72 President



## EDITOR'S MESSAGE

"Your present is of value to you, only as you profit from the experiences of the past and prepare for the experiences of a wonderful future."

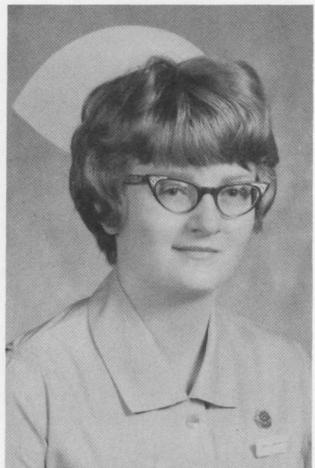
These three years of our training are going to be cherished memories of our lifetime. The ups and downs of training are an experience from which we all will benefit, experiences of happiness, joy, love, and sorrow. I dedicate this quotation to my classmates. Surely its message should go with us in the future.

1970 has been a busy year with many activities, but among the busiest has been preparation of our 1970 yearbook. However, without the help of my very able staff, Mrs. Crabb and Miss Timmerman, our advisers, Mr. Danny Tiechman, the hospital photographer, we would not have the fine yearbook we have. Their help has been unmeasurable.

To Janice, I say a special thank you. She never failed to offer a helping hand and a word of encouragement at a trying time. Thank you Janice and good luck next year.

As you leaf through Our Days of Grace 1970, may those three years always be a fond memory.

Sincerely,  
Eileen Mutch.

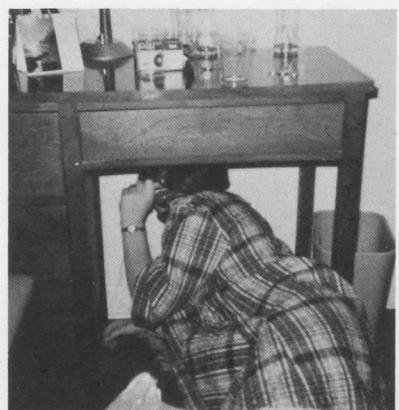
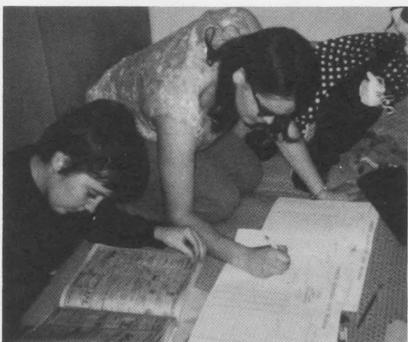


Janice Meadows  
Assistant Editor class 1971



YEARBOOK COMMITTEE

B. Friesen, J. Backlund, N. Diehl, B. Knutson, T. Hamm, E. Mutch.  
M. Atkins, J. Meadows, B. Lowry, Missing: I. Vanhove.





#### RESIDENCE COMMITTEE

H. Hay, C. Saskosky, M. Helgason.  
MISSING: E. Janzen, L. Burnett.

#### CONSTITUTIONAL COMMITTEE

P. Olds, A. Garnett, M. Brooks.  
MISSING: E. Hubic, H. Hay.





#### SOCIAL COMMITTEE

P. Sharrock, T. Martens, P. Brewer, L. Bruce.

MISSING: J. Harrison.



#### THINGS- TO-DO COMMITTEE

D. Zbeetnoff.

MISSING: C. Boake, B. Simpson.





SPORTS COMMITTEE

R. Brooks, M. Brooks, B. Powell.  
MISSING: B. Spenst, G. Parrott.



LIBRARY

P. Muir, S. Peters, H. Wiebe.  
MISSING: J. Harrison.

R. Penner, S.  
C. Anderson,  
MISSING : R.





B. Omand.

N. C. F.

Anderson, D. Kuhl, M. Klassen,  
I. Hoopner.  
Ewert.



M. S. N. A.

M. Helgason, J. Robertson, T. Hamm.  
MISSING: K. McLeod.

## NCF MESSAGE

"Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart and you will find rest for your souls. For my yoke is easy, and my burden is light."

Matthew II:28, 30



Ruth Ewert - President

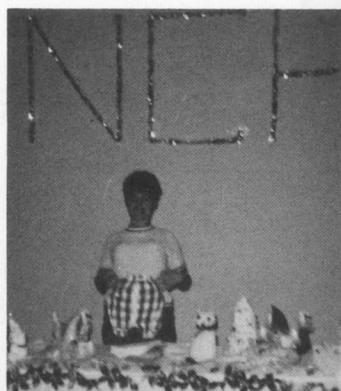
Nursing is a new life. New friends, new challenges. Sickness, struggles, pain, birth, and death. Add your own conflicts--be it wrong to disregard rules? To cheat in class? Are there any standards? Faced with responsibility, you look for escape? What do you do with fear, anxiety, despair, inhibition? Is it possible to have a real friend? What is life all about? Are there any answers?

We meet together in N.C.F. to discuss the questions that nag and find that there are answers in Jesus Christ. That life can have meaning, that it's possible to be free from fear, to enjoy responsibilities, to learn to cope. That life is to be lived --because Jesus Christ is alive and provides the resources for us--on His terms.

Christian kids are finding that life can be beautiful, even in the sinking seventies. In this age of uncertainty, we can say along with Paul, "I do not consider myself to have fully grasped it even now. But I do concentrate on this: I leave the past behind and with hands outstretched to whatever lies ahead I go straight for the goal --my reward the honor of my high calling by God in Christ".

Philippians 3:13, 14

Sincerely,  
Ruth Ewert - President.





1970 has been a very memorable year for M.S.N.A. We helped the M.A.R.N. salute Manitoba's Centennial Birthday at a gala affair in the Centennial Concert Hall. The school also generously gave everyone time off to make that long trip to the University of Manitoba's campus to sit-in on some of the festivities associated with this year's Festival of Life and Learning.

The Fort Garry Hotel was the scene of this year's Sweetheart Ball on February the 7th. Penny Brewer looked lovely as she represented us there.

You will recall that this year's social programme was mostly made up of selling tickets: Vicky Doll tickets, Centennial Nite tickets, Bursary tickets and Centennial Lottery tickets!! You all did a fine job of selling and raising money for these projects.

All in all, M.S.N.A. has had another great year. My thanks to my able assistants: Tina Hamm-my second pair of hands-Thanx Tina!

Maxine Helgasson-1st year representative

Marlene Watson-2nd year representative

Thank you all for your co-operation and support. YOU are the ones who make M.S.N.A. the success it is year after year!

Joanne Robertson  
M.S.N.A. Representative



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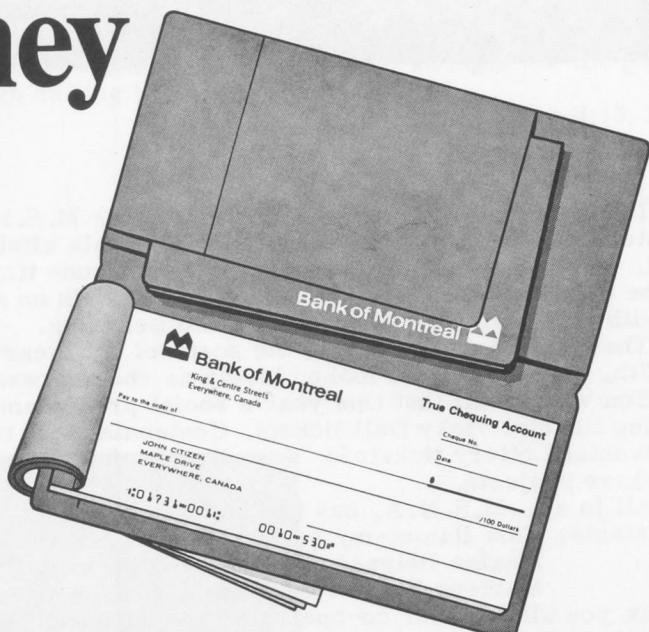
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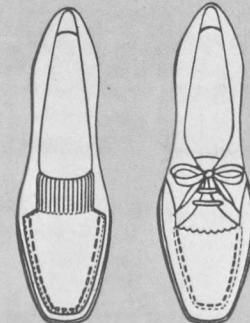
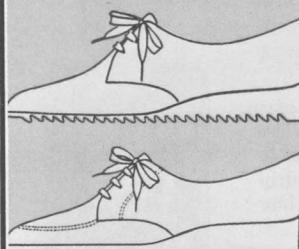
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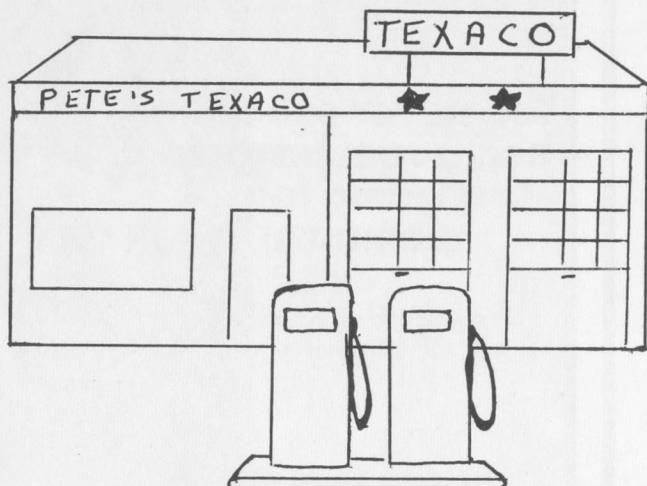
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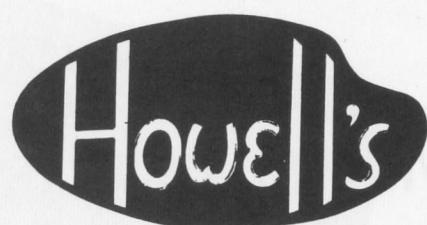
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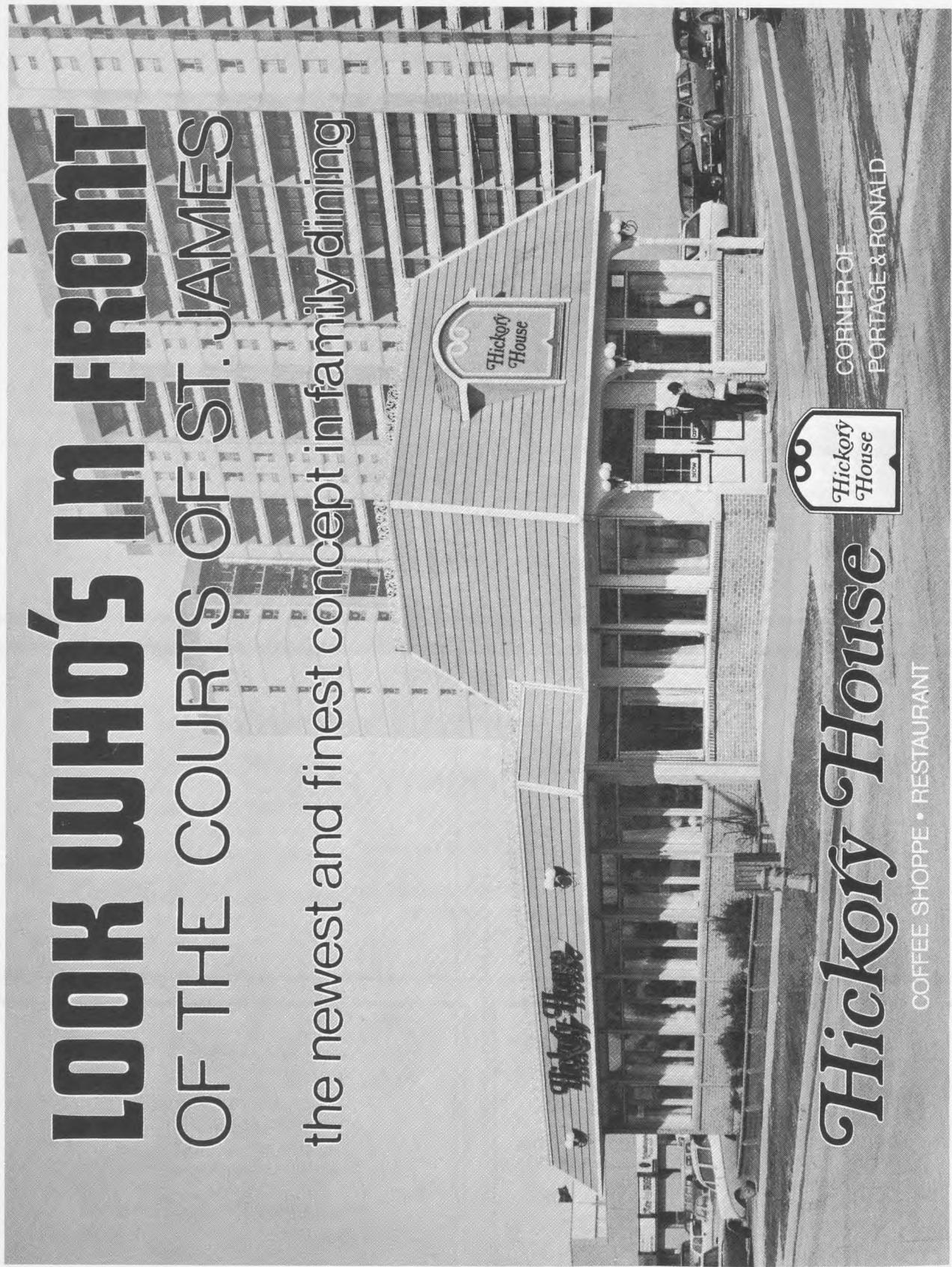
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